

Templates



STEPS for CHANGE

A human rights action guide for health workers



International Federation of Health and Human Rights Organisations

EXPLANATION

These templates are an accompaniment to Steps for Change – A Human Rights Action Guide for Health Workers. Copies of this guide can be found online at www.ifhhro.org
The guide is available in English, Spanish, French, Russian, Portuguese, Georgian and Arabic.

The templates can be used to complete the five steps for change set out in Section II of the Guide. Before walking through these steps it is necessary to first select a problem within the healthcare system that needs to be addressed.

STEP 1 WHAT IS THE ISSUE? – THE PEOPLE’S PERSPECTIVE

Answer the questions below taking the problem within the healthcare system as a starting point. Full instructions can be found in the Guide.

Who are affected? ▶

How are they affected? ▶

Where is this taking place? ▶

What is the human rights issue? ▶

STEP 2 WHICH HUMAN RIGHTS ARE AFFECTED?

Indicate which human right(s) is/are affected and describe why this human right is relevant to the issue. More information about these rights can be found in the Guide.

Right to health ▶

Right to information ▶

Right to privacy ▶

Right to liberty ▶

Freedom from cruel,
inhuman or degrading
treatment ▶

Freedom from
discrimination ▶

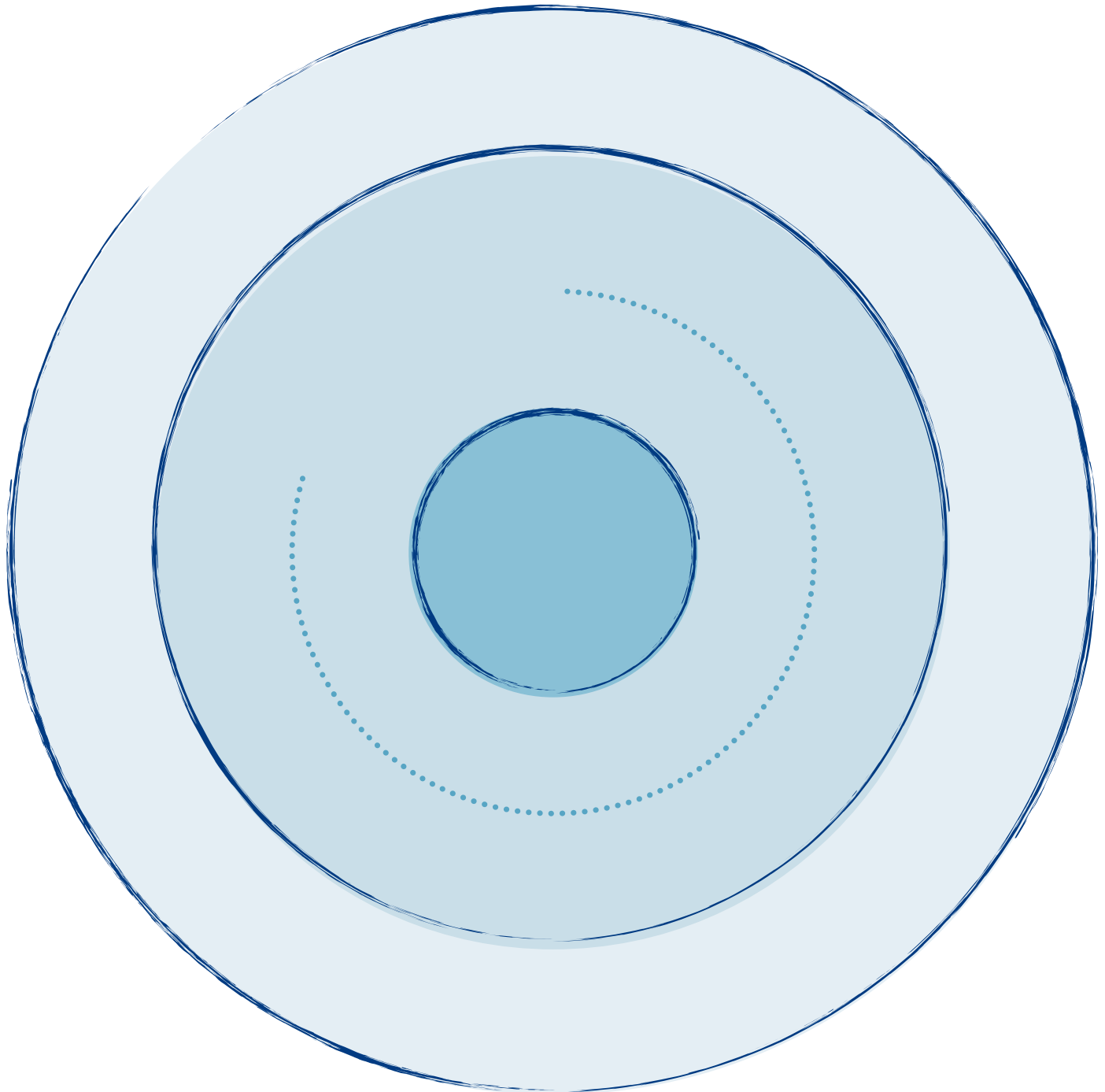
Right to participation ▶

STEP 3 WHY IS IT HAPPENING? – THE CAUSES

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STEP 4 WHO IS INVOLVED? – THE ACTORS

This is an empty version of the Spheres of Influence Diagram from the Guide. It needs to be completed by filling in the causes and the actors related to the issue identified during Steps 1 and 2. Full instructions and an explanation of the diagram can be found in the Guide



STEP 5 WHAT CAN I DO? – TAKING ACTION

Complete the questions in the tables to plan for your concrete action and think about what is needed to make it happen. Full instructions can be found in the Guide.

PLAN

Which cause can you address? ▶

What should change? ▶

How can you contribute? ▶

NEED

Which actor(s) are involved? ▶

What is your position? ▶

What information do you need? ▶

Do you have the capacity? ▶
