



Training Session Plan

Further Steps **Linking the human rights framework to a health issue**



The International Federation of Health and Human Rights Organisations (IFHHRO)

IFHHRO forms a unique network of active organisations committed to the protection and promotion of health related human rights. Members and observers are human rights groups which address health-related rights violations, medical associations involved in human rights work, and organisations that have been created specifically to mobilize health workers for human rights protection.

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Learning Objectives

- To link the basic knowledge on human rights gained during the board game “Stepping into Human Rights” to a specific health issue
- To understand the human rights framework in relation to a specific issue



Target Group

Health workers that played the board game as introduction and are continuing the training with a specific issue



Duration

15 minutes



Materials

- Flipchart papers
- Coloured paper
- marker



Training Aids

1. Cards with answers



Session Plan

Preparation

Select those cards from the game that address elements which will help participants to understand the link between the human rights framework and the issue(s) addressed during the training.

This specific session plan aims to make a connection between the human rights framework and sexual and reproductive health rights in general. The following issues already touched upon in the game board have been selected to pay more attention to: (1) human rights are fundamental, universal, inalienable and indivisible, (2) human rights treaties and (3) types of government obligations.

Prepare 2 sheets of flipchart paper by writing the following headings on each sheet:

Sheet 1: Main characteristics of human rights

Sheet 2: Obligations on governments

Step 1 *Wrapping up the game – 5 to 10 minutes* ***(Replaces step 3 of the session “Stepping into Human Rights”)***

Congratulate the winners and ask whether the participants liked the game. Asked also whether all questions and answers from the game were clear and provide a more detailed explanation if necessary.

Hang the prepared flipchart paper nr. 1 where everyone can see it and ask the following question:

- Four important characteristics of human rights are mentioned in the game. Can they recall these?

When a correct characteristic is mentioned stick the corresponding card to the flipchart. Give hints if needed using the cards from the game. For example: human rights apply to everyone everywhere, this means that human rights are....., or: why can't you say that some human rights are more important than others, because human rights are.....

Continue by explaining that human rights are legally protected and formulated in several international human rights treaties. The government of their countries can ratify these treaties, which means that it becomes legally bound by the treaty. The international treaties impose different types of government obligation.

In the game attention was paid to 3 different types of obligations imposed on governments. Stick the second flipchart paper next to the first one and ask if they can mention the 3 types of obligations and their meaning. Again, give hints if necessary. When they mention the correct answer stick the card to the flipchart.

Step 2 *Linking examples to the overviews (5 minutes)*

Continue by reading out the following examples of violations and/or measures one by one. After each example ask the participants to which type of obligation it belongs.

1. The government has enacted a law requiring women to have authorization from a male relative to be able to receive reproductive health services. *Correct answer: respect.*
2. The government has not taken measures to prevent a large hospital in the capital from refusing pregnant HIV positive women to deliver their baby if they don't sign a document in which they give approval for sterilisation. *Correct answer: protect.*
3. The government has ordered all medical schools to include a module about sexual and reproductive rights to ensure that all health professionals are aware of rights of their patients in this regard. *Correct answer: fulfil.*

Step 3 *Conclusion*

Conclude by saying that the four important characteristics of human rights and the different types of government obligations are central in the human rights approach and will receive more attention in the following sessions.

Training Aid 1 – Cards for step 1

Photocopy the cards on the following pages on coloured paper and use them in step 1 of the exercise. It is suggested to print the first four cards (four characteristics of human rights) on a different colour than the last four cards (obligations).

Fundamental
to human survival,
dignity and
development

Universal
apply to everyone
everywhere

Inalienable

cannot be taken away
from a person

Indivisible

closely connected to
other human rights

Respect

refrain from violating

human rights

Protect

prevent others from
violating human rights

Fulfil

take measures
necessary for the
realization human rights